

# Comparisons of Job Characteristics

**Focus Occupation:** Recreation and Fitness Studies Teachers, Postsecondary (25-1193)

**Associated Occupation:** Fitness Trainers and Aerobics Instructors (39-9031)

[Compare Knowledge](#)

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|    |  |
|----|--|
| << | Focus occupation element is much lower             |
| <  | Focus occupation element is lower                  |
| 0  | Focus occupation element is at a similar level     |
| >  | Focus occupation element is at a higher level      |
| >> | Focus occupation element is at a much higher level |

## Knowledge

Similarity of Focus Occupation to Associated Occupation: 86

**Focus Occupation:** Recreation and Fitness Studies Teachers, Postsecondary (25-1193)

**Associated Occupation:** Fitness Trainers and Aerobics Instructors (39-9031)

| Associated Occupation's Key Knowledge Elements | Average Rating, All Occupations | Associated Occupation's Rating | Focus Occupation's Rating | Evaluation of Focus Occupation                            |
|--|---------------------------------|--------------------------------|---------------------------|---|
| Customer and Personal Service                  | 11.3                            | 16.8                           | 13.4                      | << Extensive education and/or training may be required    |
| Education and Training                         | 9.2                             | 16.3                           | 20.3                      | >> Current knowledge level is likely more than sufficient |
| Psychology                                     | 6.4                             | 10.6                           | 13.2                      | > Current knowledge level is likely sufficient            |
| Sociology and Anthropology                     | 4.1                             | 6.6                            | 7.8                       | > Current knowledge level is likely sufficient            |

The maximum possible rating is 25.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O\*NET (Occupation Information Network) data.

## Skills

Similarity of Focus Occupation to Associated Occupation: 83

**Focus Occupation:** Recreation and Fitness Studies Teachers, Postsecondary (25-1193)

**Associated Occupation:** Fitness Trainers and Aerobics Instructors (39-9031)

| Associated Occupation's Key Skills Elements | Average Rating, All Occupations | Associated Occupation's Rating | Focus Occupation's Rating | Evaluation of Focus Occupation                                  |
|---|---------------------------------|--------------------------------|---------------------------|---|
| Instructing                                 | 7.8                             | 13.1                           | 14.0                      | 0 Current skill level may be sufficient                         |
| Service Orientation                         | 7.9                             | 11.5                           | 7.7                       | << Extensive development of skills in this area may be required |
| Learning Strategies                         | 7.2                             | 11.0                           | 13.5                      | > Skill level is likely sufficient                              |
| Social Perceptiveness                       | 9.1                             | 10.7                           | 9.9                       | 0 Current skill level may be sufficient                         |

The maximum possible rating is 25.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O\*NET (Occupation Information Network) data.

## Abilities

Similarity of Focus Occupation to Associated Occupation: 45

**Focus Occupation: Recreation and Fitness Studies Teachers, Postsecondary (25-1193)**  
**Associated Occupation: Fitness Trainers and Aerobics Instructors (39-9031)**

| Associated Occupation's Key Abilities Elements | Average Rating, All Occupations | Associated Occupation's Rating | Focus Occupation's Rating | Evaluation of Focus Occupation |  |
|--|---------------------------------|--------------------------------|---------------------------|--------------------------------|--|
| Trunk Strength                                 | 5.7                             | 14.1                           | 4.3                       | <<                             | Extensive improvement in abilities may be required |
| Stamina  | 4.0                             | 13.8                           | 3.5                       | <<                             | Extensive improvement in abilities may be required |
| Gross Body Coordination                        | 3.9                             | 13.2                           | 3.0                       | <<                             | Extensive improvement in abilities may be required |
| Extent Flexibility                             | 4.8                             | 12.3                           | 3.1                       | <<                             | Extensive improvement in abilities may be required |
| Dynamic Strength                               | 3.5                             | 12.2                           | 2.8                       | <<                             | Extensive improvement in abilities may be required |
| Gross Body Equilibrium                         | 3.2                             | 8.2                            | 2.7                       | <<                             | Extensive improvement in abilities may be required |
| Dynamic Flexibility                            | 1.2                             | 7.5                            | 1.0                       | <<                             | Extensive improvement in abilities may be required |

The maximum possible rating is 25.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O\*NET (Occupation Information Network) data.

## Activities that Both Occupations Have in Common

Similarity of Focus Occupation to Associated Occupation: 86

**Focus Occupation: Recreation and Fitness Studies Teachers, Postsecondary (25-1193)**  
**Associated Occupation: Fitness Trainers and Aerobics Instructors (39-9031)**

| Work Activities                                | Exclusivity of Activity |
|--|-------------------------|
| Communicate student progress                   | 66                      |
| Convert information into instructional program | 38                      |
| Develop instructional materials                | 38                      |
| Monitor student progress                       | 66                      |
| Teach sports rules or techniques               | 89                      |
| Use oral or written communication techniques   | 1                       |
| Use public speaking techniques                 | 13                      |
| Use teaching techniques                        | 29                      |

Not all positions in these occupations will necessarily perform all of the listed activities. The exclusivity rating is an indication of how unique the activity is amongst all occupations. The maximum rating is 100. High scores indicate that only a small number of occupations engage in that activity.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O\*NET (Occupation Information Network) data.

## Tools and Technologies that Both Occupations Have in Common

Similarity of Focus Occupation to Associated Occupation: n/a

**Focus Occupation: Recreation and Fitness Studies Teachers, Postsecondary (25-1193)**  
**Associated Occupation: Fitness Trainers and Aerobics Instructors (39-9031)**

| Tools and Technologies  | Exclusivity |
|---|-------------|
| Tools and technology data is unavailable for one or both occupations. |             |

Not all positions in these occupations will necessarily use all of the listed tools and technologies. The exclusivity rating is an indication of how unique the tool or technology is amongst all occupations. The maximum rating is 100. High scores indicate that only a small number of occupations use that tool or technology.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O\*NET (Occupation Information Network) data.